

NMP August 23

Session	Period	Arizona/Pacific (MST/PDT) Period Start	Arizona/Pacific (MST/PDT) Period End	Mountain (MDT) Period Start	Mountain (MDT) Period End	Central (CDT) Period Start	Central (CDT) Period End	Eastern (EDT) Period Start	Eastern (EDT) Period End
1	Check-in	6:30 AM	7:30 AM	7:30 AM	8:30 AM	8:30 AM	9:30 AM	9:30 AM	10:30 AM
	Period 1	7:30 AM	8:00 AM	8:30 AM	9:00 AM	9:30 AM	10:00 AM	10:30 AM	11:00 AM
	Period 2	8:10 AM	8:40 AM	9:10 AM	9:40 AM	10:10 AM	10:40 AM	11:10 AM	11:40 AM
	Period 3	8:50 AM	9:20 AM	9:50 AM	10:20 AM	10:50 AM	11:20 AM	11:50 AM	12:20 PM
	Period 4	9:30 AM	10:00 AM	10:30 AM	11:00 AM	11:30 AM	12:00 PM	12:30 PM	1:00 PM
	Period 5	10:10 AM	10:40 AM	11:10 AM	11:40 AM	12:10 PM	12:40 PM	1:10 PM	1:40 PM
	Recovery If Needed period	10:50 AM	11:20 AM	11:50 AM	12:20 PM	12:50 PM	1:20 PM	1:50 PM	2:20 PM
	Panel Meeting	11:30 AM	12:00 PM	12:30 PM	1:00 PM	1:30 AM	2:00 PM	2:30 PM	3:00 PM